



AUGUST 16

Saint Joseph the Hesychast

SUPPLICATORY CANON

After, God is the Lord:

Fourth Tone. Thou Who Wast Raised Up

As one who wholly imitateth Ascetics and a great dweller in the desert of Athos let us now come and honor him beseechingly crying out with faithfulness holy marvelous Joseph Save the monastery of Philotheou by praying and from afflictions dangers and all harm rescue O father all Orthodox faithful ones.

Glory. Repeat the same.

Now and Ever. Same Tone

OTheotokos, we shall not cease from speaking of all thy mighty acts, all we the unworthy ones; for if thou hadst not stood to intercede for us, who would have delivered us from such numerous dangers? Who would have preserved us all, until now, in true freedom? O Lady, we shall not turn away from thee; for thou dost always save thy servants from all manner of grief.

Before the Troparia, we say, O Venerable One, pray to God for us.

THE CANON

Bearing this acrostic:

Tire not in aiding; lend help, O Joseph, to thy monks.

ODE ONE

Heirmos

Traversing the water as on dry land, and thereby escaping from the toils of Egypt's land, the Israelites cried aloud proclaiming: unto our God and redeemer let us now sing.

Troparia

In holiness didst thou live on the Earth, therefore with the boldness that thou foundest in Heaven's heights, never cease protecting us O Joseph, from all afflictions and woes, for we honor thee.

Receiving the wisdom of things on high, Joseph, thou didst scatter all the snares of the evil foe; therefore, with humility we ask thee, that thou deliver us from all his wickedness.

Entreat God with swift prayers, O holy saint; heal me of my passions; I the wretched one hope in thee; do bestow humility upon me, and calm the flesh's desires and reasonings

Theotokion

Neglectful and derelict is my soul; gravely is it harmed by, the abyss of its evil deeds, yet by thine unconquerable power, O Ever-Virgin, my Courage, deliver me.

ODE THREE

Heirmos

Of the vault of the heavens, art Thou, O Lord, fashioner, so too, of the Church art Thou Founder; do thou establish me in unfeigned love for Thee, who art the height of things sought for, and the staff of the faithful, O Thou only friend of man.

Troparia

Teach, O Athonite Joseph, the flocks of all laity; guide thou the monastic assemblies, and all who honor thee to live a simple life, for thou didst practice on Athos a life of true poverty, O thou most righteous one.

Ibeseech thee, O father, be quick to hear, righteous one; hasten thou to free me completely and make me clean once more from carnal reasonings, by thine own prayers to the Master, for I have called out to Him as did the prodigal.

Never cease interceding on our behalf, blessed one; cleanse us from our pride and vainglory, for they pollute the soul; grant us humility and to our hearts give contrition, that we might angelically live here upon the Earth.

Theotokion

All-august is thine icon, O Virgin Pure, Blameless One, of Glykofilousa which urgeth all men toward holy lives, so therefore by thy hand, do thou direct me thy servant, that I might escape the traps laid to ensnare my soul.

Preserve and save, all those who call on thee, seeking thine intercessions, holy cave-dweller of Mount Athos, Joseph the Hesychast, from illnesses, dangers, and all afflictions.

In thy good will, look thou on me, O all-hymned Theotokos; and do thou behold my body's grievous infirmity, and heal thou the cause of my soul's sorrow.

SESSIONAL HYMN

Second Tone. Thou Soughtest the Heights

O Joseph august, thou reverent one, we ask of thee; do not cease to pray for all of us beseeching thee, that we might escape from all of belial's snares which are set for us and that we might obtain the peace of Christ, which truly surpasseth human reasoning.

ODE FOUR

Heirmos

I have hearkened and heard, O Lord, of Thy dispensation's most awesome mystery, and I came to knowledge of Thy works, and I sang the praise of thy divinity.

Troparia

Do thou brighten my gloominess, O thou Godly-minded one by the Spirit's rays, for enlightened was thy reasoning, and thou shonest forth as if a sun to us.

If thou hadst not, O righteous Saint, scattered by thy power the great ferocity of the evil one and foe of man, he would have succeeded in destroying me.

Needing shelter and refuge from arrogant self-love, Joseph, do we flee to thee, as inhabitants and dwellers of Philotheou Monastery, holy saint.

Theotokion

God-Birthgiver we hope in thee, we thy faithful children upon the Holy Mount, and we beg that thou wouldst rescue us from Gehenna's flames and endless punishment.

ODE FIVE

Heirmos

Lord, enlighten us, by Thy precepts and by Thy command, and by the power of Thy lofty arm, bestow Thy peace upon us all, since Thou art Friend of man.

Troparia

Entering the cells and the caves of Athos, thou wast clad in strength and might which cometh from above; do therefore teach us how to seek for only lasting things.

Never didst thou bend or submit unto the flesh's will throughout thy life of greatest struggling; therefore now guide us that we might fulfill the will of God.

Deign thou to preserve the assembly of thy children free from the delights and pleasures of the world, O blessed Joseph, by thy grace, as sacred guardian.

Theotokion

Heal us all thy slaves from the poison of the enemy, do thou become a savior unto us, as our Physician of both soul and body, Blameless One.

ODE SIX

Heirmos

Entreaty do I pour forth unto the Lord, and to Him do I proclaim all my sorrows; for many woes fill my soul to repletion, and lo my life unto hades hath now drawn nigh; like Jonah do I pray to Thee: Raise me up from corruption, O Lord my God.

Troparia

Like ancient monks thou becamest, righteous one, by thy manner and thy struggles, O Joseph, for thou didst wander in deserts O Father, and on the Lord Jesus Christ thou didst meditate; yet pray that He grant us the prayer, by entreating for us who have hope in thee.

Physician of all those sick with illnesses, of both body and of soul, righteous Joseph, do thou become since thou borest the burden of every ailment and sorrow throughout thy life; a vessel wast thou shown to be, of great patience, companion of suffering.

O Godly One, we beg thee do thou set afar from the hearts of thy monastic descendants, the monks of Athos, all thoughts of ambition, for thou art wise as a trainer in things divine; and grant in place of such a plague seeds of brotherly love, O thou holy one.

Theotokion

Jewel most divine, O Lady, do thou look upon, and send care to all the monks of Philotheou, and grant divine grace to those who desire it, and who with faith and with reverence do venerate the great adornment of the Mount, the bright Glykofilousa, O Honored one.

Preserve and save, all those who call on thee, seeking thine intercessions, holy cave-dweller of Mount Athos, Joseph the Hesychast, from illnesses, dangers, and all afflictions.

O spotless one, who, inexpressibly, in the last days, didst, by a word, bring forth the Word; do thou make request of Him, as one who has motherly boldness.

KONTAKION

Second Tone. In Pools of Thy Blood

Upon the mountain of Athos in latter times, thou shonest forth like a sun, O most righteous one and faithful companion of quietude, for thou, O Joseph, didst ever proclaim the prayer; we therefore do honor thy memory.

Prokeimenon. Fourth Tone

Precious in the sight of the Lord is the death of His saints.

Verse: What shall we render unto the Lord for all that He hath rendered unto us?

Then Let every breath *and the Reading from the Holy Gospel according to Saint Luke*, At that time, Jesus stood in a plain... (*Luke 6:17-23*). *And straightway the Fiftieth Psalm.*

Glory. *Second Tone*

THROUGH the intercessions of Thy venerable one, O Merciful One, blot out the multitude of my transgressions.

Both Now. *Same Tone*

THROUGH the intercessions of the Theotokos, O Merciful One, blot out the multitude of my transgressions.

Verse: Have mercy on me, O God, according to Thy great mercy; and according to the multitude of Thy compassions blot out my transgression.

Plagal Second Tone. Having Laid Up All Their Hope

Virtuous and righteous one, thou most obedient servant of the brilliant Trinity, in the Virgin's garden thou didst become a tree and didst bear many fruits, O thrice-blessed Joseph, and we therefore now call out to thee as one compassionate: utterly uproot all the promptings and temptations which are hurled at us by the ancient serpent, the evil one. All our sinful longings, our negligence, and every form of sloth, from thy descendants, root out, O Saint, by thy prayers to Christ our God.

ODE SEVEN

Heirmos

Once, from out of Judea, did the Children go down to the land of Babylon; the fire of the furnace they trampled down while chanting by their faith in the Trinity: O God of our Fathers, blessed art Thou.

Troparia

Supplications and fastings gave thee aid in the desert to fight the ancient foe, and climbing up the mountain of Theoria, Father, like the sun thou didst dawn on us; as friends we now ask thee: shine on our minds.

Ever strengthen the efforts of the choirs of monastics of Philotheou's flock, for truth and pious doctrine; behold and look upon them, holy cave-dwelling Hesychast, direct their steps, Joseph, thou wondrous guide.

Pious Elder give aid to all the monks on Mount Athos, who ever fight against attacks of love of pleasure, and lend them thine assistance in their struggles and battles with all sinful desires, by means of thy prayers.

Theotokion

Hope most sure of salvation, our protection and courage, art thou, O Spotless One, we therefore as thy servants, together with the whole world, place our trust in thee Purest One, to pray to thy Son, the Maker of all.

ODE EIGHT

Heirmos

The King of Heaven, Whom all the hosts of Angels hymn with their chants and praises of glory, praise ye and exalt Him to the ages forever.

Troparia

O father Joseph, do not cease praying now for us to the Master, with the holy angels, on behalf of your descendants on the Mountain Athos.

The choirs of fathers in Philotheou call on thee and beseech thy name, father Joseph, that thou wouldst bestow on them thy treasury of graces.

Honor and glory do we pour forth upon thy name; save the monasteries of thy children from the snares and stumbling blocks of Satan, we implore thee.

Theotokion

Yearning, O Mother, in all humility and love, for the grace that emanateth from thee, we honor thy blessed icon of Glykofilousa.

ODE NINE

Heirmos

Most rightly we confess thee, as our God's Birth-giver, we who through thee have been saved, O thou Virgin, Most Pure; with choirs of bodiless angels, thee do we magnify!

Troparia

O father, cure the venom of the deadly serpent by thine entreaties, and grant courage unto the souls of those who faithfully honor thy precious memory.

Nearby wast thou to heaven, dwelling on Mount Athos, and thou didst guide the assemblies of monks and nuns unto the struggle of silence, O thou most righteous one.

Know, Father, that thy children, Philotheou, Pavlou, Dionysiou, and all of thy monks and nuns, and Batopaidi as well find their strength and hope in thee.

Theotokion

Set free thy wretched servant from the tangled masses of all my sins, Theotokos, and pray thou for me unto thy Son and thy God, O thou Ever-Blessed One.

We sing It is Truly Meet, *then*

THE MEGALYNARION

Bearing this acrostic:

Vlahernon

Vanquish thou the wrath of the enemy, who doth ever hunger for the plundering of my soul, O Joseph, I entreat thee, dispel his every action and put to shame his powers by thy requests to God.

Leader of monastics, do thou rejoice; glory of Mount Athos, the adornment of desert lands; rejoice, thou, O most radi'ant addition to the saintly ascetic choirs, O Joseph, glory of all the monks.

Abstain not from guiding us carefully, holy father Joseph, for we all call upon thy name; grant that we might walk in repentance and uprightness by means of thine entreaties unto the Lord of all.

Help all monks and laymen, O holy saint; those living on Athos, and those still living in the world; help them to live simply and to escape from pleasures, O thou who didst wear tattered rags for the sake of Christ.

Ever full of fastings and vigilance, thy life didst thou finish in the latter times, full of zeal, Godly-Minded Joseph, we ask thee to make worthy to imitate thy wonders, all those who hymn thy works.

Receiving the power to fight the foe, through thine intercessions in the heavens, ever do we battle the powers of the devil, which night and day do fight us, thy friends, in various ways.

Now art thou encompassed in light divine, and in theoria, as thou soughtest for in this life; having quelled the onslaught of passions of the body through thine ascetic struggles, for chosen of God art thou.

O glory of Athos do thou rejoice, thou who art an owner of the grace of Saint Palamas. Shine on all, Saint Joseph, by uncreated power, O leader and acquaintance of perfect hesychasts.

Now dost thou enlighten my gloominess, O thou righteous Joseph, by the light of the spirit's rays; for wholly enlightened, O Godly-Minded father, thy mind dost ever shine forth as if a sun for us.

And then, O All Ye Array.

After the Trisagion,

First Tone. A Citizen of the Desert

Thou didst dwell in the cells and in the caves of the Holy Mount and didst ever harvest the honey of the hesychast's way of life, for imitating all the ancient monks, thou utterly didst cleanse thy mind and heart by The Jesus Prayer from passions and from their stain, and art a great example for all of the monks upon the Holy Mount, all of thy spiritual posterity, all those who hymn thy memory with faith, Joseph, all-blessed one.

After the Dismissal, but before Through the Prayers,

Joseph righteous saint who dwelt in caves, do thou cause to cease by thy power disturbance brought by the foe, egotism, arrogance, the flesh's uprising, all the things which are transient; assaults of the passions, evilness which stain the soul, all sins, O holy one, for thou wast revealed as the victor in thy sacred struggle on Athos, by the strength of God, O thou most wondrous one.